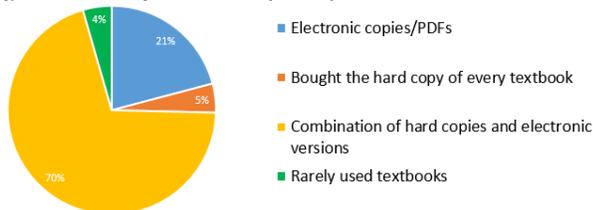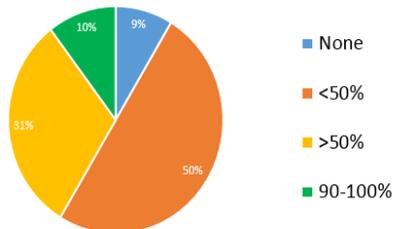# Textbooks @ Case

You will notice that there are dozens of textbooks that appear in various places throughout the WR$_2$ curriculum. However, you will be using textbooks primarily for IQ research or preparing your answers for GARQs. Since there are so many, it can be difficult and confusing deciding which ones are worth the time. This handout provides an overview of a textbooks survey taken by the Class of 2018, 2019, and 2020 shortly after finishing Block 4. Please note that this is an attempt to save you time and money, and is in NO WAY meant to discourage you from buying books or trying resources yourself. In fact, we recommend that you do try several resources! BUT, here are a few notes that looking back, the rising second years thought would be helpful. Ultimately, we believe the most important thing is to be honest with yourself: are you a book studier? Or would you rather read from your computer? Remember, Case gives you the freedom to study your OWN WAY.

To Buy, Or Not To Buy Textbooks? (n = 67)

- Electronic copies/PDFs — 21%
- Bought the hard copy of every textbook — 5%
- Combination of hard copies and electronic versions — 70%
- Rarely used textbooks — 4%

How Much of Your IQ Research Is from Textbooks? (n = 59)

- None — 9%
- <50% — 50%
- >50% — 31%
- 90-100% — 10%

When asked HOW students purchased the books they used for research, here is how they responded*:

Online Booksellers - New Editions	54.2% (32)
Upperclassmen Selling Books	52.5% (31)
Online Booksellers - Lightly used/Older Editions	49.2% (29)
I did not buy books	8.5% (5)
Bookstore	6.8% (4)

When asked which Books were "High-yield" longitudinal purchases the Class of 2018 responded*:

First Aid	88.1% (52)
Step 1 Secrets	69.5% (41)
Costanzo Physiology	64.4% (38)
Pathoma	59.3% (35)
Anatomy Text	25.4% (15)
Anatomy Atlas	25.4% (15)
Robbins	23.7% (14)
Harrison's	15.3% (9)
Boron - Medical Physiology	11.9% (7)
Junquiera	8.5% (5)
Ross & Pawlina	5.1% (3)
Bate's	1.7% (1)
Other	10.2% (6)

-**Other**: BRS Physiology, First Aid Organ Systems, Goljan Rapid Review Pathology

Block 7 – Structure (Longitudinal Over Years 1+2)

Anatomy*:

Prose:

Moore's	54.2% (32)
Gray's	49.2% (29)
Grant's	1.7% (1)
None	13.6% (8)

Atlas:

Netter's	62.7% (37)
Thieme	13.6% (8)
Rohen's	8.5% (5)

Histology Text or Atlas*:

Pathoma	37.3% (22)
Robbins	30.5% (18)
Ross & Pawlina	16.9% (10)
Junquiera	13.6% (8)
None	28.8% (17)

Block 7 Notes - PH Leaders' TIPS:

- **IF** your Anatomy group buys an Atlas for Lab: cheap older editions will MORE THAN SUFFICE - Save some $
- There are also used Atlases already in lab if your group doesn't have one.
- Packaging scrubs in a Tupperware container helps contain the formaldehyde smell - buy CHEAP scrubs!
- M2s won't like me saying this - but keep gloves in your locker, they tend to disappear when left in lab...

Grant's	6.8% (4)
Gilroy	3.4% (2)
None	6.8% (4)

Block 1

When asked which of the resources for Block 1 to purchase, ***100% of survey responses indicated they would NOT recommend purchasing any books***. Students recommend to "use Einstadter's Study Guide", "flip through the lecture slides", and the most common piece of advice: "Enjoy meeting your classmates!"

The M2s *valued lecture attendance in this block*, more so than any other block, with 45.8% indicating they would recommend attending most if not all of the lectures. **Leading lecture(r) attendance recommendations**: Einstadter - Epidemiology (93.2%), Bioethics (50.8%).

PH Leaders' Insight: Keep up with your studies and be able to answer the course guide LOs, but don't inundate yourself with too much reading just yet, get to know Cleveland and your classmates!

Block 2

Top Ranked sources for this block as ranked by most used*:

Thompson & Thompson Genetics	49.2% (29)
Boron - Medical Physiology	49.2% (29)
Harrison's	35.6% (21)
Greenspan's Endocrinology	22.0% (13)
Weinberg - Biology of Cancer	20.3% (12)
Costanzo	Common Write-in

***While books were ranked fairly well here, 69.5% of M2 survey takers would NOT recommend buying any Block 2 specific books (ie Boron/Costanzo/Pathoma/First-Aid NOT included). Thompson & Thompson was the highest ranked book to purchase (13.6%)

Some more advice from M2s: "Pay attention during MSGs and basic science stuff", "definitely attend all of RonCon's (Dr. Conlon's) lectures and try to keep up with the embryo", and a few suggested to "organize notes by subject rather than week" because Block 2 has a lot of different topics. **Leading lecture(r) attendance recommendations**: Conlon - Embryology (91.5%), Liu/Gangestad - Repro (49.2%), Bokar/Krishnanmurthi - Cancer (49.2%), Sood - Endocrine (40.7%), and Dubyak - Cell Physio (40.7%) among others.

PH Leaders' Insight: These statistics are perhaps because Block 2 covers a wide variety of topics from several different books; in retrospect, using longitudinal books and web based books may be sufficient. This Block covers several different topics - try your best to stay organized!

Block 3 & 4

Well...Lets just get through Blocks 1 & 2 first. Detailed book reviews for these Blocks are available in the full survey that will be provided! We also recommend finding some M2s whose opinions you trust to help you figure out resources. But, in case this handout makes it that far into the year, here is a brief sneak peek:

Block 3: **Most Commonly Used Resources**
Biochemistry - Lippincott's (98.3%)
GI - Lange GI Physiology (69.5%)

Not surprisingly - These two were most recommended for purchase (81.4% and 28.8% respectively); Lippincott's Biochemistry had an 83.1% "Excellent" rating and was mentioned in several comments as an excellent biochemistry resource by M2s. For GI, Lange received decent marks, but a fair number of students felt while they used it frequently, it was an average resource (23.7%; Note: 39% ranked it 'Excellent').

Leading Lecture(r) attendance recommendations: Dr. Snider barely edged out Dr. Croniger for highest lecturer rating here - *both were highly recommended by M2s (52.5% & 50.5% respectively)*; GI lectures were close behind at 40.7%**.**

PH Leaders' Insight: Lippincott's is an excellent book and biochemistry is one of the most cohesively taught subjects at Case! The lectures are great too - focus on pathway regulation. GI is not as well organized, but IQ gets much better with this portion - Lange does an adequate job.

Block 4: Most Commonly Used Resources
Cardiology - Lilly (91.5%), Klabunde (57.6%)
Pulmonology - Weinberger (61%); West - Physio (39.0%); West - Path (33.9%)
Renal - Koeppen (54.2%); Rennke (32.2%)
Pharmacology - Golan (54.2%)

Lilly and Weinberger were recommended most for purchase (76.3% and 33.9% respectively) with Lilly receiving the highest marks out of any resource spanning the M1 year (93.2% 'Excellent' rating). This Block is widely considered the most difficult Block M1 year, but most describe it as the most rewarding. M2 comments mention "Pathoma" and "Lilly" as the most useful. Also, the debate between West and Weinberger for Pulm is a hot topic - West is often described as a bit more confusing, and Weinberger got high 'Excellent' marks (54.2%) for those who used it. One student did note that the West YouTube videos were clearer than the books.

Leading Lecture(r) attendance recommendations: Renal - Drs. Lam/Simonson ranked highest here (69.5%) with Pharm – Kiser/Mieyal/Mears taking second (50.8%). Lecture was not as valued this block by M2s. A decent percentage of survey respondents indicated that despite strong lecturers, the strength of the resources allowed them to learn well on their own. IQ this block was also given strong reviews.

PH Leaders' Insight: This Block is long and dense, but very well done. Spend some time nailing down core concepts in the major systems before memorizing the details. Find a reliable, systematic way to read ECG/EKGs and stick to it - unfortunately there is some discourse in how this is taught.